


Our CAMHS partnership is made up of a range of organisations across East Berkshire that promote emotional wellbeing and deliver preventative mental health services and support and treatment to children and young people who are experiencing significant, severe and complex difficulties with their mental health. Our providers are doing all they can to keep services running whilst also keeping children, young people, families and their staff safe. However, please be aware that due to the impact of COVID-19 some services will be disrupted, postponed or delivered differently (via phone or video link where possible). The below is an update as off Monday 6th April 2020 – this information will be updated weekly. This document is for internal use, within organisations and not designed to be shared directly with the general public.

Organisation	Service overview	Service update as off 06/04/20	What support is still available?	Comms update
Berkshire Healthcare CAMHS, Neurodiversity, Eating Disorder Service	<p>Children and Adolescent Mental Health Service (CAMHS) for young people who are experiencing significant, severe and complex difficulties with their mental health</p> <p>Common point of Entry (CPE)</p> <p>Rapid Response Team (Crisis)</p> <p>Anxiety and Depression Team</p> <p>Specialist Community Team Eating Disorder</p> <p>Willow House – Tier 4 provision</p> <p>This updates also applies to the following neurodiversity services:</p> <p>ADHD Pathway</p> <p>Autism Assessment Team</p> <p>Psychological Perspectives in Education and Primary Care (PPEPCare) Training</p>	<p>Focus is on critical activities which include:</p> <ul style="list-style-type: none"> • Triage and assessment of new referrals to ensure identification of patients at high clinical risk. • Rapid Response to young people presenting in, or at high and immediate risk of crisis/deliberate self-harm/suicide. • Review of medication (in urgent cases, where risk is high) and prescribing where prescribing can only be done by CAMHS Psychiatry. • Assessment of patients, development of treatment plans & delivery of therapeutic interventions for high need/high risk children & young people • Liaison and consultation to other professionals regarding urgent mental health concerns • Urgent assessment/review related to Mental Health Act, assessment and planning/arrangement of Tier 4 admission. <p>Non critical activities will be paused, this does include PPEP care Training.</p> <p>Willow House adolescent inpatient unit will be closed due to planned programme of maintenance work. Alternative arrangements had already been put in place for access to acute mental health inpatient care with the Thames Valley CAMHS Tier 4 network.</p>	<p>See list in service update column.</p> <p>Check the website before contacting and to think about whether a referral is urgent before sending it during this uncertain period.</p> <p>website https://cypf.berkshirehealthcare.nhs.uk/our-services/children-and-adolescent-mental-health-services-camhs/</p> <p>If you are unsure whether to make a referral or need advice that is urgent but not an emergency, please contact the CAMHS CPE team by telephone on 0300 365 1234</p> <p>Autism Assessment and Anxiety & Depression Teams also have the ability to offer support via SHaRON and all families in these services have been invited to access this online system. The Autism Assessment Team also work in partnership with an online provider to offer a number of assessments online and it is hoped there will be less impact on this way of delivering assessments</p> <p>Support is still available for young people presenting in crisis with access to crisis assessment and support away from hospital where possible</p>	<p>Families and young people receiving care from Berkshire Healthcare services have been informed of these plans and provided with details of how to access support and further information.</p> <p>Website has COVID 19 statement.</p> <p>Comms via email from Berkshire Healthcare to key partners.</p> <p>CCG – sharing comms with primary care</p>

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Kooth	Kooth, from XenZone, is an online counselling and emotional well-being platform for children and young people, accessible through mobile, tablet and desktop Service is available for 11-18 18-25 for SEND and care leavers.	Kooth continue to deliver their online services as normal, although they are currently looking to increase capacity to meet increase in demand and also review their times to access a live counsellor in light of school closures Site is available 24/7.	All aspects of Kooth are still available https://www.kooth.com/ <ul style="list-style-type: none"> •Live chat (counselling) function for a CYP to converse with a qualified counsellor from 12 noon-10pm Monday- Friday, and 6pm-10pm Saturday and Sunday. •Messaging function for the CYP to contact the service, these are monitored and managed by counsellors, emotional wellbeing practitioners and media workers, •Static and live topic-focused forums; forums encourage the development of a peer-supported community online, •An online magazine contributed to by service users and moderated, containing mental health specific topics to more general topics such as holidays, family, and relationships. 	New posters attached  Kooth COVID19 Response Poster Info being communicated via Kooth network, which has leads from LA, Berkshire Healthcare and CCG. Info also being communicated via Local Transformation Plan CYP MH group.
Number 22	Youth Counselling for young people aged 11+ in RBWM and Slough	Service is still operating and counselling is being offered remotely	Service is still accepting new referrals –via online form on the website Counselling service will also be seeing CYP remotely (using skype/zoom) or by telephone. Also offering parent support groups remotely via Zoom too (existing clients only at the moment).	Information updated on website. Telephone message updated
Youthline	Youth Counselling for young people aged 11+ in Bracknell Forest	Service remains open but face to face counselling has been temporarily suspended. They have been checking in with all current clients W/C 30/3/02 by way of a 15 min telephone call to ascertain if telephone or online counselling would be feasible. Training for all counsellors for online/telephone taking place on 7/4/20 via Zoom. Schools have been contacted to offer existing clients support after Easter Holidays.	Service will accept new referrals but will be advised of other services available who can offer immediate support. Tel line is no longer manned as all staff working remotely from home, but answerphone message advises to send query to ask@youthlineuk.com which will be regularly checked and dealt with and refers caller to our Website: www.youthlineuk.com Telephone: 01344 311200	All young people who are currently receiving counselling. Schools and current school clients. Statement on website is updated with current situation and relevant resources.



Organisation	Service overview	Service update as off 03/04/20	What help is still available	Comms
<p>AnDY Clinic – Reading University</p>	<p>Offers assessments, treatment and research to children and young people suffering with anxiety and/or depression.</p>	<p>Base at the University of Reading closed on Friday 20th March until further notice. All face-to-face appointments suspended and all staff now working remotely from home.</p> <p>Had topped taking new referrals via CAMHS CPE but are due to go back into CPE by the end of this week.</p> <p>All children, young people, and families already in treatment already contacted directly by their treating clinician. Treatment for these people will continue remotely if requested and clinically indicated under the current circumstances.</p>	<p>Current priority for staff working from home is to ensure the safety and well being of children and young people already under our care.</p> <p>On Monday 23rd March, all clinicians were assigned new caseloads and began contacting families by phone to check closure notification letters had been received and carry out clinical reviews and update risk assessments and risk management plans. Further reviews will be carried as necessary according to clinical need.</p> <p>Clinic website still operational and families are still able to access resources. Statement posted on Clinic website that draws attention to the Clinic closure and provides advice for families.</p> <p>Main clinic telephone still operational and callers are able to leave messages: 0118 378 4682. Messages are being monitored regularly and calls are being returned.</p> <p>Main clinic e-mail address still operational and being monitored: andyadmin@reading.ac.uk.</p> <p>In coming days/weeks, will look to build on what they're able to offer (e.g., online parent-led CBT for children with anxiety disorder). They're keen to ensure whatever they offer continues to be evidence-based and has a good chance of being successful despite the current situation. All intervention work will be assessment and formulation driven, as usual.</p>	<p>All children, young people, and families under their care were sent letters on Friday 20th March to alert them of the Clinic's closure and the immediate implications for their care. Enclosed a guide for parents/carers supporting children and young people during this challenging time</p> <p>Statement on website that draws attention to the Clinic closure and provides advice for families</p>

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Autism Berkshire http://www.autismberkshire.org.uk/	Pre and post assessment support includes Telephone helpline Workshops for parents/carers Activities for CYP	Office is closed, family support team, benefits advisers and other staff are working from home. All scheduled autism advice and benefits workshops are cancelled from now until at least the week beginning Monday, April 20 Activities for children, young people and adults currently paused	Advice and support from the team still available online and by phone Email : contact@autismberkshire.org.uk call 01189 594 594 select option 1 Website: http://www.autismberkshire.org.uk/ They are still supporting families through supportive phone calls and via their helpline e.g benefit advice, sleep difficulties. Video support is also available. They have also been advising health and social care professionals also supporting families remotely.	All families booked on training that has been postponed have been contacted All families booked on activities have been contacted Email via newsletter circulation list Website updated and will continue to be updated via blog Comms lead is doing lots of communication via social media – twitter/Face Book.
The Autism Group https://www.theautismgroup.org.uk/	Pre and post assessment support includes: Home visits – one to one support Parent workshops Parent support groups Clubs for CYP with autism	All face to face activities are currently on hold which includes TAG @ Home service Parent Workshops Parent Support Groups (not funded by NHS) Clubs for young people (not funded by NHS) . They are looking at providing virtual activities Now providing virtual activities and Zoom chat sessions at some of our clubs. More to be rolled out during this week. Have spoken to all parents of CYP who attend their clubs to see how they are.	info@theautismgroup.org.uk 07423 636339 All new enquiries for TAG @ home are dealt with by phone or email whichever the parent prefers. Given that children are now at home, some parents are asking to wait until this crisis is over. Now also offering the option of evening phone call sessions and all parents with planned visits which have been cancelled are being spoken to about their options for support. TAG @ home service and clubs will continue during the Easter holidays.	TAG @ Home service – parents expecting a visit have been contacted and offered a telephone support call instead. Workshops – parents have been contacted. Facebook and website being updated regularly with tips and ideas. https://www.facebook.com/theautismgroup/ https://www.theautismgroup.org.uk/
Parenting Special Children https://www.parentingspecialchildren.co.uk/	Pre and post assessment support includes	Office closed for the time being, office based staff working from home	Helpline support line hours have been extended From Monday 23rd March the Helpline will run Monday – Thursday,	All parents/carers booked via Eventbrite to attend pre and post workshops have been contacted and offered virtual workshops after Easter..



	<p>Home visits – one to one support and advice Workshops pre and post assessment</p>	<p>Advice and support still offered by helpline. Face to face support has been suspended. Zoom training introduction completed Workshop material being adapted for Zoom w/c 30 March Delivery of workshops cancelled in March w/c 20 April (after Easter break)</p>	<p>10am – 2.30pm. Continued helpline hours over Easter holidays (normally skeleton offer over the holidays) Please note: during the Easter break it may take a little longer than usual for them to reply. Helpline Phone Number: 0118 9863532 Helpline Email: dss@parentingspecialchildren.co.uk Pre and Post assessment workshops available online end April/beginning of May New sleep facebook page for parents experiencing sleep difficulties at this time Sleep by Parenting Special Children Sleep consultations via telephone, email, Zoom/skype Series of challenging behaviour virtual workshops - end of April/beginning of May Helpline support for key workers with children/young people with special needs</p>	<p>Website updated with special section on Coronavirus information Facebook regularly updated with relevant information regarding PSC & Covid-19 Termly newsletter April keeping parents and practitioners updated regarding support New facebook page Sleep by Parenting Special Children providing strategies re sleep during this time. https://www.facebook.com/parentingspecialchildren/</p>
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Symbol Uk	Speech and Language support to the three Youth Offending Teams across East Berkshire	<p>No longer seeing CYP face to face but are still offering service to YOTs virtually.</p> <p>All YOTs now operating remotely.</p> <p>Maidenhead – SaLT now has remote access to systems so can access records etc. Agreement going forward that SaLT will be able to access young people via Skype or Zoom – caseworker will give the young person the link. Consent forms in place.</p> <p>SaLT working on Communication Passports for young people.</p> <p>SaLT providing staff training via Zoom next Tuesday.</p> <p>Remote meetings with the team regarding SMART pathways planning.</p> <p>SaLT reviewing the resources being developed and circulated within the Youth Justice SaLT workforce and circulating the recommended ones accordingly.</p> <p>Bracknell – Team having daily meetings via Microsoft Teams so SaLT joining the Tuesday one. To report back next week about the use of Zoom/Skype in other YOTs. This week has been report writing for young people assessed just before lockdown. Providing ideas for a weekly prevention newsletter and assisting with creating easy read documents.</p> <p>Slough – SaLT attended remote Team meeting this week (changed day to</p>	<p>Service is still offering support to YOTs and is working around their business continuing arrangements.</p> <p>Working on projects for the YOT team as well as offering video discussions with YOT caseworkers.</p> <p>Have had some challenges with remove working and links with LAs as they are not employed via LAs – Symbol is working through these challenges.</p>	Service has been communicating direct with YOT teams and also with CCG

		<p>enable this). Monday should have been Slough Engagement Day so had prepared materials for this. Liaising with caseworkers about young people. Provided advice to team about use of Zoom (Symbol staff received some training this week) particularly in regard to safeguarding. Shared easy-read materials regarding Covid19 and social distancing for caseworkers to reinforce with young people. 12 new referrals to team this week to be allocated, which is likely to lead to increase in SaLT referrals. SaLT to support caseworkers with screening where there are staff shortages due to self-isolation etc.</p>		
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