



Curriculum Progression Map - PE

EYFS Expectations

PHYSICAL DEVELOPMENT

Gross Motor Skills (ELG):

- Negotiate space and obstacles safely, with consideration for themselves and others.
- Demonstrate strength, balance and coordination when playing.
- Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.

Key Stage 1 National Curriculum Expectations

Pupils should be taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

Key Stage 2 National Curriculum Expectations

Pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate [for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis], and apply basic principles suitable for attacking and defending



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	<ul style="list-style-type: none">● develop flexibility, strength, technique, control and balance [for example, through athletics and gymnastics]● perform dances using a range of movement patterns● take part in outdoor and adventurous activity challenges both individually and within a team, compare their performances with previous ones and demonstrate improvement to achieve their personal best.
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KING'S ACADEMY MEADOW VALE



	Autumn	Spring	Summer
Nursery	<p>Introduction to PE:</p> <ul style="list-style-type: none"> To move safely and sensibly in a space with consideration of others. To develop moving safely and stopping with control. To use equipment safely and responsibly. To use different travelling actions whilst following a path. To work with others cooperatively and play as a group. To follow, copy and lead a partner. <p>Ball skills:</p> <ul style="list-style-type: none"> To develop rolling a ball to a target. To develop stopping a rolling ball. To develop accuracy when throwing to a target. To develop bouncing and catching a ball. To develop dribbling a ball with your feet. To develop kicking a ball. 	<p>Fundamentals:</p> <ul style="list-style-type: none"> To develop balancing whilst stationary and on the move. To develop running and stopping. To develop changing direction. To develop jumping and landing. To develop hopping and landing with control. To explore different ways to travel. <p>Dance:</p> <ul style="list-style-type: none"> To explore different body parts and how they move. To explore different body parts and how they move and remember and repeat actions. To express and communicate ideas through movement exploring directions and levels. To create movements and adapt and perform simple 	<p>Gymnastics:</p> <ul style="list-style-type: none"> To copy and create shapes with your body. To be able to create shapes whilst on apparatus. To develop balancing and taking weight on different body parts. To develop jumping and landing safely. To develop rocking and rolling. To copy and create short sequences by linking actions together. <p>Games and Sports Day practice:</p> <ul style="list-style-type: none"> To work safely and develop running and stopping. To develop throwing and learn how to keep score. To be able to play games showing an understanding of the different roles within it. To follow instructions and move safely when playing tagging games. To work co-operatively and learn to take turns. To work with others to play



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		<p>dance patterns.</p> <ul style="list-style-type: none"> To copy and repeat actions showing confidence and imagination. To move with control and co-ordination, linking, copying and repeating actions. 	<p>team games.</p>
<p>Reception</p>	<p>Introduction to PE:</p> <ul style="list-style-type: none"> To move around safely in space. To follow instructions and stop safely. To stop safely and develop control when using equipment. To follow instructions and play safely as a group. To follow a path and take turns. To work co-operatively with a partner. <p>Ball skills:</p> <ul style="list-style-type: none"> To develop rolling and tracking a ball. To develop accuracy when throwing to a target. To develop dribbling with hands. 	<p>Fundamentals:</p> <ul style="list-style-type: none"> To develop balancing. To develop running and stopping. To develop changing direction. To develop jumping. To develop hopping. To explore different ways to travel using equipment. <p>Dance:</p> <ul style="list-style-type: none"> To copy, repeat and explore actions in response to a theme. To explore and remember actions considering level, shape and direction. To explore movement using a prop with control and coordination. 	<p>Gymnastics:</p> <ul style="list-style-type: none"> To create short sequences using shapes, balances and travelling actions. To develop balancing and safely using apparatus. To develop jumping and landing safely from a height. To develop rocking and rolling. To explore travelling around, over and through apparatus. To create sequences using apparatus. <p>Games and Sports Day practice:</p> <ul style="list-style-type: none"> To aim when throwing and practise keeping score. To follow instructions and move safely when playing tagging games.



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	<ul style="list-style-type: none"> ● To develop throwing and catching with a partner. ● To develop dribbling a ball with your feet. ● To develop kicking a ball to a target. 	<ul style="list-style-type: none"> ● To move with control and co-ordination, expressing ideas through movement. ● To remember and repeat actions moving in time with the music. ● To explore actions in response to a theme and begin to use counts. 	<ul style="list-style-type: none"> ● To learn to play against a partner. ● To develop co-ordination and play by the rules. ● To explore striking a ball and keeping score. ● To work co-operatively as a team.
Year 1	<p>Gymnastics:</p> <ul style="list-style-type: none"> ● To explore travelling movements ● To develop and combine travelling movements ● to develop quality when performing and linking shapes. ● To develop quality when linking shapes. ● To develop stability and control when performing balances. ● to develop stability and control when performing balances. ● To develop technique and control when performing shape jumps. ● To develop technique and control when performing shape jumps. ● To develop technique in the barrel, straight and forward 	<p>Ball Skills:</p> <ul style="list-style-type: none"> ● To develop dribbling with your hands. ● To explore accuracy when rolling a ball. ● To explore throwing with accuracy towards a target. ● To explore catching with two hands. ● To explore dribbling a ball with your feet. ● To explore tracking a ball that is coming towards me. <p>Dance:</p> <ul style="list-style-type: none"> ● To use counts of 8 to move in time and make my dance look interesting. ● To explore pathways in my dance. ● To create my own dance 	<p>Athletics:</p> <ul style="list-style-type: none"> ● To move at different speeds over different distances. ● To develop balance. ● To develop changing direction quickly. ● To explore hopping, jumping and leaping for distance. ● To develop throwing for distance. ● To develop throwing for accuracy. <p>Target Games:</p> <ul style="list-style-type: none"> ● To develop underarm throwing towards a target. ● To develop throwing for accuracy. ● To develop underarm and overarm throwing at a target. ● To develop underarm and



	<p>roll.</p> <p>Fundamentals:</p> <ul style="list-style-type: none">● To explore balance, stability and landing safely.● To explore how the body moves differently when running at different speeds.● To explore changing direction and dodging.● To explore jumping, hopping and skipping actions.● To explore co-ordination and combination jumps.● To explore combination jumping and skipping in an individual rope. <p>Yoga:</p> <ul style="list-style-type: none">● To explore yoga and mindfulness.● To be able to copy and remember poses.● To develop flexibility when holding poses.● To develop balance whilst holding poses.● To create yoga poses using a hoop.● To create a yoga flow with a	<p>using, actions, pathways and counts.</p> <ul style="list-style-type: none">● To explore speeds and actions in our pirate inspired dance.● To copy, remember and repeat actions that represent the theme.● To copy, repeat, create and perform actions that represent the theme.● To explore speeds and actions.● To use expression and create actions that relate to the story.● To use a pathway when travelling.● To explore and copy actions in response to a theme.● To create my own actions for an animal.● To explore pathways with a partner. <p>Invasion Games:</p> <ul style="list-style-type: none">● To understand the role of defenders and attackers.● To recognise who to pass to and why.	<p>overarm throwing at a target.</p> <ul style="list-style-type: none">● To select the correct throw for the target.● To develop throwing for accuracy and distance.
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	<p>partner.</p> <p>Fitness:</p> <ul style="list-style-type: none"> ● To develop my understanding of how exercise can make you feel. ● To develop my understanding of how exercise can make you strong and healthy. ● To develop my understanding of how exercise relates to breathing. ● To develop my understanding of how exercise helps my brain. ● To develop my understanding of how exercise helps my muscles. ● To develop my understanding of the importance of daily exercise. 	<ul style="list-style-type: none"> ● To move towards the goal with the ball. ● To support a teammate when playing in attack ● To move into space showing an awareness of defenders. ● To stay with a player when defending. 	
Year 2	<p>Fundamentals:</p> <ul style="list-style-type: none"> ● Master basic movements including running, jumping and throwing ● Develop balance, agility and co-ordination, and begin to apply these in a range of activities. 	<p>Net and Wall Games:</p> <ul style="list-style-type: none"> ● Develop understanding of attacking and defending principles in net games such as using a ready position to defend their court and placement of a ball into space. ● Develop skills such as 	<p>Athletics:</p> <ul style="list-style-type: none"> ● Develop skills required in athletic activities such as running at different speeds, jumping and throwing. ● Engage in performing skills and measuring performance, competing to improve on their own score and against



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	<p>Gymnastics:</p> <ul style="list-style-type: none">● Develop gymnastic skills of jumping, rolling, balancing and travelling individually and in combination to create short sequences and movement phases.● Develop an awareness of compositional devices when creating sequences to include the use of shapes, levels, and directions. <p>Ball Skills:</p> <ul style="list-style-type: none">● Develop fundamental ball skills such as throwing, catching, rolling, hitting a target, dribbling with both hands and feet and kicking.● Participate in team games, developing simple tactics for attacking and defending.	<p>throwing, catching, tracking and hitting a ball.</p> <ul style="list-style-type: none">● Learn how to score points and how to play to the rules. <p>Team Building:</p> <ul style="list-style-type: none">● Develop key skills of communication and problem solving.● Learn to discuss, plan and reflect on ideas and strategies.● Begin to use basic map skills. <p>Target Games:</p> <ul style="list-style-type: none">● Develop understanding of the principles of defending and attacking for target games.● Develop skills of throwing, rolling and striking towards a target and are given opportunities to select and apply the appropriate action for the target	<p>others.</p> <p>Yoga:</p> <ul style="list-style-type: none">● Learn about mindfulness and body awareness.● Begin to learn poses and techniques that will help connect the mind and body.● Improve wellbeing by building strength, flexibility, co-ordination and balance.● Breathing and meditation through fun and engaging activities.
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	<p>Fitness:</p> <ul style="list-style-type: none"> ● Continue to explore and develop agility, balance, co-ordination, speed and stamina. ● Develop perseverance and show determination to work for longer periods of time. 	<p>considering the size and distance of the challenge.</p> <p>Dance:</p> <ul style="list-style-type: none"> ● Explore space and how the body can move to express an idea, mood, character, or feeling. ● Expand knowledge of traveling actions and use them in reaction to a stimulus. ● Build on understanding of dynamics and expression. ● Use counts of 8 consistently to keep in time with music and a partner. 	<p>Sports Day Practice:</p> <ul style="list-style-type: none"> ● Continue to explore learned skills in preparation for the various activities children will participate in on the school Sports Day.
<p>Year 3</p>	<p>Rugby:</p> <ul style="list-style-type: none"> ● To develop attacking skills to maintain possession. ● To develop attacking skills to move towards goal. ● To develop defensive skills to delay an attacker. ● To develop an understanding of defending as a team. ● To develop tactics in attack and defence. To apply rules and skills to small sided games. 	<p>Tennis:</p> <ul style="list-style-type: none"> ● To develop racket and ball control. ● To explore rallying using a forehand. ● To explore returning the ball using a forehand. ● To explore returning the ball using a backhand. ● To learn how to score and use simple rules. ● To work co-operatively with 	<p>Athletics:</p> <ul style="list-style-type: none"> ● To develop the sprinting technique and improve on your personal best. ● To develop changeover technique in relay events. ● To develop jumping technique in a range of approaches and take off positions. ● To develop throwing for distance and accuracy.



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	<p>Fitness:</p> <ul style="list-style-type: none"> ● To understand how balance helps us in everyday life. ● To understand how co-ordination helps us in everyday life. ● To understand how strength helps us in everyday life. ● To understand how speed helps us in everyday life. ● To understand how agility helps us in everyday life. ● To understand how stamina helps us in everyday life. <p>Hockey:</p> <ul style="list-style-type: none"> ● To send and receive with some control. ● To move safely and with control when in possession. ● 	<p>others to begin to manage a game.</p> <p>Dodgeball:</p> <ul style="list-style-type: none"> ● To develop throwing towards a moving target. ● To develop throwing to get players out. ● To identify and develop the skills needed to avoid being hit. ● To develop and apply dodging skills within a game. ● To develop catching skills. ● To develop catching skills and be confident to attempt this within a game. <p>Football:</p> <ul style="list-style-type: none"> ● To understand the role of an attacker when in possession. ● To develop movement skills to lose a defender and move into space. 	<ul style="list-style-type: none"> ● To develop throwing for distance in a pull throw. ● To develop officiating and performing skills. <p>Gymnastics:</p> <ul style="list-style-type: none"> ● To create interesting point and patch balances. ● To develop point and patch balances on apparatus. ● To develop stepping into shape jumps with control. ● To develop stepping into shape jumps using apparatus. ● To develop the straight, barrel, and forward roll. ● To include rolls in sequence work using apparatus. <p>Rounders:</p> <ul style="list-style-type: none"> ● To learn how to score points in a striking and fielding game. ● To develop batting to score points. ● To develop fielding skills to limit the batter's score. ● To understand the role of a
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	<ul style="list-style-type: none"> ● To develop decision making in attack. ● ● To understand the role of a defender. ● ● To apply tactics to small sided games. ● ● To apply rules, skills and tactics to play in a tournament. <p>Dance:</p> <ul style="list-style-type: none"> ● To create actions in response to a stimulus and move in unison with a partner. ● To create actions to move in contact with a partner or interact with a partner. ● To select and link appropriate actions and dynamics to show our dance idea. ● To remember, repeat and create actions to represent an idea. ● To share ideas of actions and dynamics to create a dance that shows a location. ● To use choreographing ideas to develop our dance. 	<ul style="list-style-type: none"> ● To understand that scoring goals is an attacking skill and learn how to do this. ● To understand the role of a defender. ● To apply tactics to small sided games. ● To apply skills and knowledge to play games using football rules. <p>Yoga:</p> <ul style="list-style-type: none"> ● To explore poses that challenge my balance. ● To create a flow using poses that challenge my balance. ● To explore poses that challenge my flexibility. ● To create a flow using poses that challenge my flexibility. ● To explore poses that challenge my strength. ● To create a flow using poses that challenge my strength. 	<p>bowler in the fielding team.</p> <ul style="list-style-type: none"> ● To develop an understanding of tactics and begin to use them in game situations. ● To apply skills and knowledge to play games using rounders rules. <p>Fundamentals Yr3/4:</p> <ul style="list-style-type: none"> ● To develop balance and apply it to other fundamental movement skills. ● To understand how the body moves differently at different speeds. ● To develop technique when changing speed. ● To develop agility using a change of speed and direction. ● To develop technique and control when jumping, hopping and landing. ● To apply fundamental skills to a variety of games.
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	<ul style="list-style-type: none">● To use straight pathways and clear changes in direction in a line dance.● To use canon and unison to make our line dance look interesting.● To use formations, canon and unison to make our line dance look interesting.● To remember, repeat and create actions around a theme.● To understand and use formations.● To structure a dance to represent a theme.		
Year 4	<p>Fitness:</p> <ul style="list-style-type: none">● To develop balancing and understand the importance of this skill.● To develop technique when running at different speeds.● To develop agility using a change of speed and direction.● To develop technique and control when jumping, hopping and landing.● To develop skipping with a rope.● To apply fundamental skills to a variety of challenges.	<p>Netball :</p> <ul style="list-style-type: none">● To defend an opponent and know when to intercept.● To develop attacking skills, including scoring under pressure.● To apply skills, principles and tactics to a game situation.	<p>Handball:</p> <ul style="list-style-type: none">● To develop attacking skills within the rules of a game.● To use space effectively to create shooting opportunities.● To apply skills to compete in a tournament.



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	<p>Tag Rugby :</p> <ul style="list-style-type: none">● To develop movement skills to dodge a defender.● To begin to apply rules in attack and defence.● To develop the skills learned to play a tag rugby tournament. <p>Gymnastics:</p> <ul style="list-style-type: none">● To develop partner balances, as well as balances on an apparatus.● To develop the straight, barrel, straddle and forward roll.● To create a partner sequence showing skills learned. <p>Football:</p> <ul style="list-style-type: none">● To develop attacking skills to maintain possession.● To apply attacking skills to move towards a goal.● To apply skills learned to compete in a tournament.	<p>Dodgeball :</p> <ul style="list-style-type: none">● To develop throwing and apply this to a target game.● To develop dodging skills to avoid being hit.● To apply skills and knowledge to compete in a tournament. <p>Hockey :</p> <ul style="list-style-type: none">● To develop attacking skills with accuracy and control.● To use defending skills to delay an opponent.● To apply skills and knowledge to compete in a tournament. <p>Dance:</p> <ul style="list-style-type: none">● To create dance sequences to● different music and themes.● To travel in different ways, linking movements.● To understand dynamics.	<p>Rounders:</p> <ul style="list-style-type: none">● To develop throwing and catching with accuracy.● To develop batting technique and know when to hit the ball.● To apply skills and knowledge to compete in a tournament. <p>Outdoor athletics:</p> <ul style="list-style-type: none">● To develop stamina and understanding of speed and pace in relation to distance.● To develop power and speed in sprinting technique.● To develop power and technique when throwing for distance. <p>Cricket:</p> <ul style="list-style-type: none">● To develop overarm and underarm throwing, applying these to a striking and fielding game.● To develop bowling technique.● To develop fielding techniques.● To apply skills and knowledge
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			to compete in a tournament.
Year 5	<p>Fitness:</p> <ul style="list-style-type: none"> ● To understand how speed helps me in other activities and apply this. ● To understand how strength helps me in other activities and apply this. ● To understand how agility helps me in other activities and apply this. ● To understand how balance helps me in other activities and apply this. ● To understand how co-ordination helps me in other activities and apply this. ● To understand how stamina helps me in other activities and apply this. <p>Swimming:</p> <ul style="list-style-type: none"> ● To practice and demonstrate essential water confidence and survival skills, including safe entries, exits, and retrieving an object from the pool floor. ● To focus on developing the 	<p>Netball:</p> <ul style="list-style-type: none"> ● To explore attacking skills in different situations. ● To develop movement skills to lose a defender in different situations. ● To communicate with my team, move into space and take the ball towards the goal. ● To defend an opponent and know when to try and intercept. ● To develop attacking skills to score under pressure. ● To use and apply skills, principles and tactics to a game situation. <p>Badminton:</p> <ul style="list-style-type: none"> ● To use the serve with consideration of attacking principles. ● To explore an underarm return with consideration of attacking principles. 	<p>Athletics:</p> <ul style="list-style-type: none"> ● To understand pace and apply different speeds over varying distances. ● To develop fluency and co-ordination when running for speed. ● To develop technique in relay changeovers. ● To build momentum and power in the triple jump. ● To develop throwing with force for longer distances. ● To develop throwing with greater control and technique. <p>Volleyball:</p> <ul style="list-style-type: none"> ● To use the serve with consideration of attacking principles. ● To develop the fast catch volley with consideration of attacking principles.



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	<p>complete front crawl stroke, ensuring correct, rhythmic breathing and co-ordinated arm and leg movements over a short distance.</p> <ul style="list-style-type: none">● To perform the backstroke efficiently, maintaining a horizontal body position and continuous arm rotation.● To demonstrate an understanding of all pool safety rules <p>Tag rugby:</p> <ul style="list-style-type: none">● To apply attacking skills to a game situation.● To make decisions and understand when to pass and when to run with the ball.● To apply attacking skills effectively within the rules.● To work as a team to delay opponents and stop the opposition from scoring.● To apply attacking skills to create space and beat a defender.● To apply rules and skills to take	<ul style="list-style-type: none">● To explore an underarm return with consideration of attacking principles.● To explore the overhead forehand with consideration of attacking principles.● To select and apply skills and tactics to play competitively.● To apply rules, skills and tactics to play in a tournament. <p>Tennis:</p> <ul style="list-style-type: none">● To return the ball using a forehand groundstroke under pressure.● To return the ball using a backhand groundstroke under pressure.● To use a variety of shots to keep a continuous rally going.● To develop the underarm serve and understand the rules of serving.● To develop the volley and	<ul style="list-style-type: none">● To develop the set shot and use it to pass to a teammate.● To recap the set shot and develop the dig, identifying when to use each.● To use a variety of shots to keep a continuous rally going.● To apply rules, skills and principles to play against an opponent. <p>Yoga:</p> <ul style="list-style-type: none">● To understand how breath can help me to hold and move from pose to pose.● To identify and use balance when exploring poses and creating a flow.● To identify and use flexibility when exploring poses and creating a flow.● To identify and use strength when exploring poses and creating a flow.● To create and refine a flow
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	<p>part in competitive games.</p> <p>Hockey:</p> <ul style="list-style-type: none"> ● To use attacking skills to beat a defender. ● To apply attacking skills under pressure. ● To communicate with my team, move into space and take the ball towards the goal. ● To learn defensive techniques to gain possession. ● To use defending tactics to gain possession. ● To apply rules, skills and principles to play in a tournament. 	<p>understand when to use it.</p> <ul style="list-style-type: none"> ● To apply rules, skills and principles to play against an opponent. <p>Gymnastics:</p> <ul style="list-style-type: none"> ● To perform symmetrical and asymmetrical balances. ● To perform interesting symmetrical and asymmetrical balances using apparatus. ● To develop the straight, forward, straddle and backward roll. ● To develop the straight, forward, straddle and backwards roll into a sequence. ● To explore different travelling actions using both canon and synchronisation. ● To explore matching and mirroring using actions both on the floor and on apparatus. 	<p>with a partner.</p> <ul style="list-style-type: none"> ● To lead others through our flow. <p>Rounders:</p> <ul style="list-style-type: none"> ● To develop throwing and catching and apply them relevantly to the situation. ● To develop bowling accuracy and perform the skill within the rules of the game. ● To develop batting skills, identify when I am successful and what I need to do to improve. ● To develop fielding techniques and begin to use these under pressure. ● To understand the need for tactics and identify when to use them. ● To apply skills and knowledge to compete in a tournament. Using tactics identified
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	<p>Dance:</p> <ul style="list-style-type: none"> ● To create a dance using a random structure and perform the actions showing quality and control. ● To understand how changing dynamics changes the appearance of the performance. ● To work with a partner to copy and repeat actions in time with the music. ● To choose actions to create a motif in a given character with consideration of dynamics, space and relationships. 		
Year 6	<p>Fitness:</p> <p>To develop an awareness of what your body is able to do.</p> <ul style="list-style-type: none"> ● To develop speed and stamina ● To develop strength using my own body weight ● To develop co-ordination. ● To develop agility ● To develop balancing with control. 	<p>Gymnastics:</p> <p>To develop the straddle, forward and backward roll.</p> <ul style="list-style-type: none"> ● To develop rolling into sequence work and on apparatus. ● To develop counter balance and counter tension. ● To develop counter balance and counter tension into sequence work with apparatus ● To develop jumps and explore 	<p>Athletics:</p> <p>To develop my own and others sprinting technique</p> <ul style="list-style-type: none"> ● To identify a suitable pace for the event. ● To develop power, control and technique for the triple jump. ● To develop power, control and technique when throwing for distance ● To develop throwing with force



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	<p>Rugby:</p> <ul style="list-style-type: none"> ● To select the appropriate skill, choosing when to run and when to pass. ● To move into space to support a teammate abiding by the rules. ● To use defending skills to gain possession. ● To work as a defending unit to prevent attackers from scoring. ● To use a variety of attacking skills to beat a defender. ● To apply rules, skills and tactics learnt to play in a tournament. 	<p>the effect of height.</p> <ul style="list-style-type: none"> ● To explore jump sequence work with consideration of performance tools. ● To develop inverted movements with control. ● To develop inverted movements with control. ● To use flight from hands to travel over apparatus. ● To use flight from hands to travel over apparatus. ● 1 To create a group sequence using formations and apparatus. ● To create a contrasting group sequence using formations and apparatus. <p>Netball:</p> <ul style="list-style-type: none"> ● To develop attacking skills to maintain possession. ● To use a variety of attacking skills to lose a defender. 	<ul style="list-style-type: none"> ● and accuracy for longer distances. ● To work collaboratively in a team to develop the officiating skills of measuring, timing and recording. <p>Cricket:</p> <p>To develop throwing and catching under pressure and apply these to a striking and fielding game.</p> <ul style="list-style-type: none"> ● To develop bowling under pressure whilst abiding by the rules of the game. ● To strike a bowled ball with increasing consistency. ● To develop fielding techniques and select the appropriate action for the situation. ● To understand and apply tactics in a game. ● To apply skills and knowledge to compete in a tournament. <p>Rounders:</p> <ul style="list-style-type: none"> ● To develop throwing and catching under pressure and apply these to a striking and fielding game.
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		<ul style="list-style-type: none">● To move into and create space to support a teammate● To use defending skills to gain possession● To develop accuracy when scoring under pressure● To use and apply skills, principles and tactics to a game situation. <p>Hockey:</p> <ul style="list-style-type: none">● To develop attacking skills to beat a defender.● To apply attacking skills with control under pressure.● To select the appropriate skill, choosing when to pass and when to dribble.● To move into and create space to support a teammate.● To use the appropriate defensive technique for the situation.● To apply rules, skills and principles to play in a	<ul style="list-style-type: none">● To develop bowling under pressure whilst abiding by the rules of the game.● To strike a bowled ball with increasing consistency.● To develop fielding techniques and select the appropriate action for the situation.● To understand and apply tactics in a game● To apply skills and knowledge to compete in a tournament. <p>Handball:</p> <ul style="list-style-type: none">● To use attacking skills to maintain possession under pressure.● To select the appropriate skill to create space, move towards goal and away from defenders● To select and apply the appropriate skill to score goals.● To use defending skills to prevent an opponent from scoring.● To use the appropriate defensive technique for the situation● To apply rules, skills and principles to play in a tournament
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KING'S ACADEMY MEADOW VALE



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