



KING'S ACADEMY MEADOW VALE



Curriculum Overview - PE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery (unit 1) Reception (unit 2)	Introduction to PE	Ball Skills	Fundamentals	Dance	Gymnastics	Sports Day Practice Games
Year 1	Gymnastics	Yoga	Dance	Invasion Games	Athletics	Sports Day Practice
	Fitness	Fundamentals	Ball Skills	Dance	Target Games	
Year 2	Fundamentals	Ball Skills	Net and Wall Games	Target Games	Athletics	Sports Day Practice
	Gymnastics	Fitness	Team Building	Dance	Yoga	
Year 3	Rugby	Hockey	Tennis	Football	Athletics	Rounders
	Fitness	Dance	Dodgeball	Yoga	Gymnastic	Fundamentals
Year 4	Rugby	Hockey	Tennis	Football	Athletics	Rounders
	Fitness	Dance	Dodgeball	Yoga	Gymnastics	Fundamentals Y3/4
Year 5	Tag Rugby	Hockey	Netball	Tennis	Athletics	Yoga
	Fitness	Dance	Badminton	Gymnastics	Volleyball	Rounders
	Swimming					
Year 6	Fitness	Dance	Gymnastics	Gymnastics	Athletics	Rounders
	Football	Rugby	Netball	Hockey	Cricket	Handball